

MAY  
JUNE,  
2015

# TASTER

DISCOVER THE VERY LATEST FLAVOURS FROM GOURMET COOKING FROM AROUND THE WORLD

## FLAVOUR FOCUS OF THE MONTH: MEXICANA FIESTA!



There are few cravings that a well-made taco or bowl of chili con carne cannot satisfy. It's riot of colours, textures and flavours are pleasing to the eye and the palate. This wonderful pairing of ingredients is one of the hallmarks of Mexican cuisine. And the best part is that there is so much to Mexican food than just nachos and tacos.

For instance, a typical breakfast in Mexico can be a spicy, colourful dish of Huevos Divorciados; eggs fried or baked in differently coloured sauces; a herby green salsa verde or a peppery red salsa roja. Or maybe there will be a dish made with torn, leftover tortillas, topped with salsa, pulled pork, refried beans or shredded chicken and cheese. This quickly assembled, delicious breakfast is called chilaquiles and has become very popular.

Have plenty of leftover tortillas? Simply fry them in hot oil, cool then smear guacamole, top with crumbled chorizo and fresh queso fresco for a delicious tostada. Or maybe eat as the Mexicans do and snack on corn off the cob, rubbed with lime, ancho chili powder and topped with some fresh cheese. Yet another interesting dish are chilies stuffed with cubed vegetables walnuts sauce, covered with cheese and grilled.

For a more substantial dinner idea, serve slow cooked meats like lamb, beef or pork with a rich, complex mole. Pronounced mo-lay, Mole comes in many varieties, but it usually contains spices like cinnamon, cloves, peppercorns, anise, coriander, chocolate, chilies, almonds - all ground together and cooked in a light broth to make a harmonious brown sauce that is served with turkey, chicken or vegetable

dishes. Enchiladas are also a great Mexican dinner option. Simply stuff corn tortillas with a mixture of minced meat or seafood or potatoes and then rolled, placed in a baking tray, covered with a chili sauce then baked into a tasty casserole.

For a sweet end to a Mexican feast, serve up little shots of hot chocolate spiked with the heat of some chili powder. Or whip up a batch of the rice-almond based sweet drink called horchata for a refreshing end.

If the aromas, ingredients and cooking styles of Mexican food intrigue you, head down to any Nature's Basket store and pick up everything you will need to make an authentic, Mexican-style meal.



CHECK OUT  
OUR RANGE OF  
**GREAT GIFTING  
OPTIONS**

**NEW  
STORE**

**LOKHANDWALA STORE NOW  
BIGGER & BETTER**

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## SHELFWATCH

WE ARE CONSTANTLY ADDING NEW & INTERESTING THINGS TO OUR SHELVES. HERE'S A TASTER OF SOME OF OUR FAVOURITES



### ROSELLA FLOWERS IN SYRUP

Roselle is a pretty, tropical flower from the same family as the hibiscus. A deep shade of pink, this edible flower has 3-4 tall petals around a bud. It is popular the world over for its fragrance and flavour being used to make jams and beverages. This syrup is a novel way to spike a plain lemonade or to add a dash of glamour to a tall glass of iced tea. Or serve a single bud in a glass of Champagne for a stunning effect.



### SCHAR ASSORTMENT (GLUTEN-FREE)

Here is our latest range of snack products for the gluten-intolerant. Dedicated to making tasty, nutritious products free of gluten, Schar is Europe's No. 1 brand of breads, pastas, cakes and cookies. Choose from a pretty marble cake, nutty biscotti, and snack bars now available in our stores.



### L'EXCLUSIF RINGLEEZ

Consider the L'Exclusif Ringleez; crunchy, savoury and addictive munchies that will satisfy the fiercest craving. Conveniently shaped for effective snacking, these rings are available in three, lip-smacking flavours of Italian, Mexican and Thai origin. Keep them on hand to beat hunger pangs while working on an important project or sitting through a boring workshop.



### BROWNIE COTTAGE\*

Bite into one of the soft, cocoa-y confections from Brownie Cottage for a delectable sweet treat. Available in flavours of Nutella, Belgian chocolate and 5 Star, each rich, moist square is made from premium ingredients making for a wonderful end to any meal or to satiate mid-meal cravings.

\* Available only across stores in Mumbai

## NATURE'S BASKET RECOMMENDS

GOURMET PICK FROM OUR CONSULTANT EDITOR

### HEALTHY ALTERNATIVES RAGI FLOUR

Make the most of the nutritional goodness of ragi (or finger millet in English) with this naturally healthy flour. Rich in amino acids, iron, calcium and potassium, this light reddish flour is a healthy option to other refined flours. Whisk the flour into batter for pancakes, knead into hearty breads, or cooked with milk and sugar into a thick porridge topped with toasted nuts.



## INCREDIBLE INGREDIENTS FROM OUR TEST KITCHEN

INGREDIENTS THAT PASS OUR PERSONAL TEST FOR FLAVOUR AND THE THINGS WE COOK UP WITH THEM...

### SHITAKE MUSHROOM

An integral ingredient to many South-East Asian cuisines, shitake mushrooms is an incredibly flavourful ingredient that lends itself to a number of dishes and cooking techniques. Often found in dried form, the stems are too tough and woody to be eaten but can be used to make stock. The mushroom caps are easily reconstituted after a few minutes of soaking in hot water. Earthy and fragrant, with a flavor that is both sweet and savory, they add umami to soups, noodles, casseroles, stews, stir-fries, and rice dishes. Chop up soaked mushrooms and add into pot stickers, or fold into whisked eggs & cook for a filling omelette or add to fried rice.







## TRY THIS! MEXICAN POTATO SALAD

**SERVES:** 4

**TIME:** 10 mins

### INGREDIENTS:

- 1 kg potatoes, boiled, peeled and cut into chunks
- 2 tablespoons white wine vinegar
- 1 tablespoon jalapeños, minced
- 2 tablespoons jalapeño brine
- 2 tablespoons olive oil
- 3 celery ribs, thinly sliced
- ½ cup onion, finely chopped
- ¼ teaspoon black pepper, freshly crushed

### METHOD

In a large bowl, combine everything. Serve at room temperature, or slightly chilled.

**RECIPE SPECIALLY DEVELOPED  
BY CELEBRITY GASTRONOME  
RUSHINA MUNSHAW GHILDIYAL  
FOR GODREJ NATURE'S BASKET**

## TRY THIS!

## QUESADILLAS WITH QUESO AND REFRIED BEANS

**SPECIALLY DEVELOPED BY CELEBRITY CHEF VICKY RATNANI FOR GODREJ NATURE'S BASKET**

### INGREDIENTS

- 4 flour tortillas
- 20g grated cheddar cheese
- 20g grated mozzarella
- 30g grated cottage cheese

### REFRIED BEANS

- 1 tablespoon onions
- ½ teaspoon garlic
- 1 tablespoon butter
- 1 cup rajma puree
- 1 tablespoon coriander chopped
- 1 tablespoon parsley chopped
- Pinch of oregano

### TOMATO CORN SALSA

- 1 cup diced tomatoes
- ½ cup cooked corn kernels

- ½ cup chopped spring onions
- ½ cup chopped green bell peppers
- 2 tablespoons tomato juice
- 1 teaspoon lemon juice
- ½ cup coriander leaves
- 1 tablespoon parsley
- ½ green chilli chopped
- 2 tablespoons olive oil
- Salt to taste
- Pepper to taste

### METHOD

Sweat the onions, garlic, cumin, chilli butter and rajma puree. Season to taste. Set aside. Lay the tortilla flat on the table. Spread the rajma puree mix on one tortilla. Sprinkle the cheeses, season to taste. Top up with the other tortilla. Pan fry the tortilla sandwich on both sides until golden brown. Cut into quarters and serve with tomato salsa.





## AUTHENTIC WORLD FOOD

WE SHOWCASE SOME OF THE BEST  
CHEESE, MEATS AND BEVERAGES FROM  
AROUND THE WORLD AT NATURE'S  
BASKET.



## CHEESE OF THE MONTH FRICO SMOKED CHEESE

Imagine soft cheese enhanced with a subtle yet unmistakable smoky flavour and you have the taste of Frico smoked cheese. This processed cheese is smoked the traditional way over beech wood chips and is great to nibble on with fruit, nuts, turkey salami or in sandwiches with lettuce and tomato. Or toast between slices of bread for a grilled cheese sandwich. Or melt into pasta or casseroles for a bacon-y flavour without the meat.



## BEVERAGE OF THE MONTH CORONA EXTRA BEER

Recognized the world over for its premium quality and refreshing taste, Corona Extra beer is the brew to beat the summer heat. A pale Pilsner lager with a light golden colour, it is distinctive in its long-necked bottle and is often served with a wedge of fresh lemon/ lime which adds a citrusy zing to this Mexican beer; the taste of good times.

## MEAT OF THE MONTH BAUWENS BBQ SHOULDER HAM

A great addition to our extensive meats section is Bauwens BBQ Shoulder Ham; a premium product made from the shoulder that has been cured with a delicious BBQ flavour. It is well layered with fat and so a great choice for braising in stock. After braising, shred the meat and use in pulled pork sandwiches or make carnitas for tacos. Or try slow roasting it for a tender meat that falls apart easily yet has a crisp crackling on the top. Since it favours slow cooking, it can also be cooked in Oriental style broths or made into a flavourful curry.



# Little Chefs

COOKERY CLASSES FOR  
YOUNG BUDDING CHEFS



COOKERY CLASSES ACROSS NEW DELHI, MUMBAI, PUNE, BENGALURU & HYDERABAD CONDUCTED BY RENOWNED CHEFS LIKE RUSHINA MUNSHAW GHILDIYAL, KISHI ARORA, MONIKA MANCHANDA AND SOUS CHEF NAVEEN FROM MARIOTT HYDERABAD, TILL 11th JUNE, 2015\*

\*Please contact your nearest store for schedule details



## MORE REWARDS FOR YOU

Nature's Basket Rewards Program members can now grab up to **200\* bonus points** by updating their profile under 'My Rewards' section at [www.naturesbasket.co.in/RewardProgram.aspx](http://www.naturesbasket.co.in/RewardProgram.aspx).

Also, review purchase history and reward points accumulated.

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WTC: 40024006/8006 | Kandivili: 28861573/ 3797 | Juhu: 26117893/32259320 | Thane Hiranandani: 25861993 | Churchgate: 22045201/4 Prabhadevi: 24339347/8

**DELHI / NCR STORES:** Defence Colony: 46698777 | GK-2: 41007841/2 | Rajouri Garden: 47551119/ 61119 | Model Town: 45040819/919 | Vasant Vihar: 40571919/81919 | Vikas Marg: 42401919/50

Paschim Vihar: 25257423/4 **BENGALURU:** Indiranagar: 25207401/2 | Koramangala: 41317401/2 | Richmond Town: 22487401/2 Whitefield Road: 28544401/2 | Sadashivanagar: 23609401/2/3

Kammanahalli: 25459401/2 | Sahakranagar: 23623401/02 | Electronic City: 41141401/2

**PUNE:** Aundh: 25889530/40 | Koregaon Park: 32916881/2 **HYDERABAD:** Banjara Hills: 23355399/0029 Jubilee Hills: 69999000

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